



Santa Maria RLC Referral

The RLC gladly accepts referrals to our Peer Support services program. Please complete the following information as thoroughly as possible.

Referring Agency: _____

Staff Name: _____

Staff Signature: _____

Agency Phone: _____

Client's Name: _____

Phone: _____

City: _____ Zip Code: _____

Date of Birth: _____ Age: _____ Gender: _____

Preferred Language: _____

AUTHORIZATION:

" I authorize the transmission of information on request and on my behalf to and from the personnel at the Santa Maria Recovery Learning Community. This authorization is granted on condition that due care be exercised at all times with respect to my rights to privacy and confidentiality. This authorization is not a waiver of any privilege conferred on me by law or regulation. "

Signed: _____

Date: _____

Location: 225 E. Inger Suit 101A, Santa Maria

For more information regarding the Santa Maria Recovery Learning Center please call (805) 928-0139 or fax (805)-928-1410

Email: RLC@t-mha.org

ZOOM & IN PERSON GROUPS

Following an over the phone orientation– RLC Members can participate in these resources and support:

- Weekly phone calls from staff
- Access to ALL virtual RLC group meetings
- Tuesday Food Bank Pick up
- Food Bank Deliveries to immunocompromised, working, and sick or elderly RLC members
- Homeless Nursing Services*

Online Zoom Groups:

- Mondays at 10:30am- Practicing Gratitude in Wellness
- Thursdays at 1pm– Anxiety and Depression Support Group

Join our fun limited in-person Friday groups:

- Breakfast with Friends
- Monthly Craft Groups
- Monthly Game Groups
- Gratitude in Wellness

The Santa Maria Recovery Learning Community (RLC) is run entirely by peers – people in mental health recovery who oversee the daily activities and facilitate the involvement of other members. It provides a combination of wellness and recovery oriented services in a comfortable, supportive environment.

All of our services are FREE!
What are the benefits of membership?
Priceless!